

2-19-2020

## The BG News February 19, 2020

Bowling Green State University

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# NEW NEST

Falcons to return to former hockey conference in 2021 | **Page 10**



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# Students fill the Counseling Center

## Center director addresses lack of staffing for high demand

**Aubreyonna Van Hoose**

Reporter

BGSU's Counseling Center receives a high demand of students who seek support.

However, the Counseling Center is not properly staffed to meet the needs of each student.

The number of students utilizing the center and its resources has risen tremendously. Counseling Center Director Garrett Gilmer addressed several factors regarding the increase in traffic at the center.

"We've been really intentional on increasing awareness about mental health concerns and the importance of mental wellness and promoting mental health seeking, that's doing its job and it's encouraging folks to seek health, which is great," he said.

At the Counseling Center, students can see a counselor in two different ways: utilizing the walk-in hours, Monday-Friday from 1:30-4 p.m. or by scheduling a therapy session, which is typically done anywhere from two to three weeks in advance.

The number of students who come in for

walk-in hours tends to fluctuate.

"Walk-ins are a bit unpredictable in terms of how fast things will move. We don't know when students are going to come. Sometimes we have people get here at 12:30 p.m. because they want to be first in line and sometimes we don't see people showing up until closer to 3 p.m.," Gilmer mentioned. "It can make a difference in how many we see in a day, and then also what's happening with each person, how much time they'll need, we can't predict on the front end."

According to Gilmer, a walk-in appointment can take anywhere from 40 to 45 minutes.

Emily, a junior who requested her name be changed for privacy, used the Counseling Center for the first time this semester. She called the center asking to schedule an initial appointment, but the receptionist told her intake appointments must occur through walk-in hours. Emily's schedule made it so she could only come to walk-in hours on Fridays. Emily said she was at the center for two-and-

a-half hours and spent nearly two hours of that time in the waiting room.

As therapy sessions or scheduled appointments are typical for those to schedule after a walk-in session, these therapy sessions are also known as treatment appointments. Treatment sessions are to update each student's progress and through communication will be given advice through how to work out problems.

"We try to have 10 slots a week," Gilmer said, regarding the scheduled sessions. "Those do fill up in terms of what gets scheduled. What happens though is we still get a high no-show rate from those scheduled intakes." Emily was offered the opportunity to join a therapy group by the psychologist who held her intake appointment at the center. She was told the group setting would meet every week, whereas there could be lower frequency for individual treatment appointments.

Emily said she needed the weekly treatment, so she felt like she had to join a group.



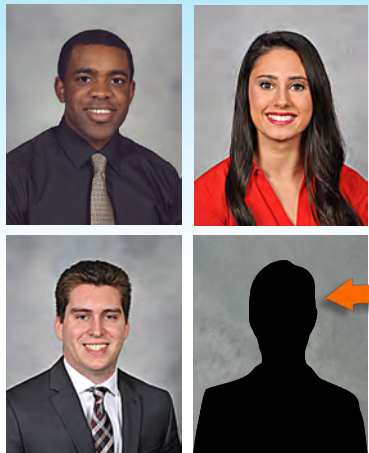
PHOTO BY BRYNNA SCHROEDER

**The Counseling Center** is located in the College Park Office Building.

**Students fill the Counseling Center** continued on page 12

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# How to help foster care in BG

**Kylie Tusing**

Columnist

I should start out by saying that the foster care community means so much to me. In 2020, I am really praying for the ability to become an emergency home for children and then eventually a foster parent. There are a multitude of opportunities in helping this community.

Foster care came from the state's obligation (both morally and legally) to protect children who are under the age of 18. Each state's foster care system is different and varies in their laws. For example, some states allow freelance agencies or churches to operate homes for foster children while others are incredibly strict that it goes through the government only. This stringency causes much conflict on the care the children receive – but that's for a later post.

Children who are placed in temporary custody have suffered from abuse or the loss of their parents. To fix a common misconception, many states do not provide a sufficient amount of money for the children to be taken care of in anything but bare-minimum living standards (food, shelter, K-12 education). Families who choose to foster (especially the ones fostering multiple children or siblings) often face the potential struggle of getting different things for the kids. These can vary like clothing, baby supplies, toys and things to help the child's adjustment.

These are ways you can help foster children this winter season.

## 1. Winter clothing: coats, boots, scarves, hats and gloves

Similar to the homeless community, I would suggest finding different ways to donate clothing to children. Have old coats from high school or that you don't wear anymore? Donate them to local foster agencies. Do you have siblings or babysit for different families that are looking to donate? Ask them if you can donate to a local foster agency. You can go

out and buy kids gloves, hats and scarves; they tend to be more cost efficient than adult sizes.

## 2. School supplies: notebooks, pencils, colored pencils, crayons

This may sound a bit abnormal because usually we buy supplies in the fall right? But every winter growing up I know that I always had to restock on school supplies during Christmas break. Picking up extra school supplies and donating them to a local foster agency would be a thoughtful way to give back!

## 3. Suitcases/luggage/duffel bags

This one can be donated all year round, but I would say that the winter months are some of the worst months to travel. Each time a child moves if they do not have their own luggage (most cases the answer is no) then they are handed a trash bag to put all their things into. Could you imagine moving and having to put all your stuff in a trash bag, especially in the winter months? A way that we can give back is by donating extra luggage that we have but never use. A great place to also check is your local Goodwill or thrift store!

## 4. Toys/activities/crafts/teenage stuff

Kids who are constantly moving and can't take everything with are probably losing many things. Or if they didn't get to spend Christmas with their parents or foster family they might not have gotten anything. So anytime I talk about foster children I always suggest donating toys, activities or crafts to a local agency. This Christmas while shopping I saw

that Target expanded their \$5 or less section. The cute toys they have would make perfect items to drop off at the foster agency.

Or another option is going to a local craft store and picking up the crafts for young children.

For teenagers, start looking around your dorm, apartment, house or room! There are plenty of things that we forget we have because we never use them. If we donate them to people who may need it more I'm sure they will get tons of use. Another great way to give back to teenagers (more specifically girls) is if you see a BOGO FREE sale at Ulta or another beauty store pick up some cute teenage girls things.

## 5. Winter supplies: common household items, blankets, medicine

There are just common household items that we tend to immediately get when it starts to get cold outside. For me, when the temperature drops below 30 degrees I'm the first to get tissues, cold medicine, candles, hand sanitizer, chapstick and lotion. I'm the kind of girl that has to be prepared because when I get sick it happens quick, fast and is awfully dreadful. So making a winter care package with a bunch of different essentials can go far for a family.

Helping your local foster care agency is a simple, fun and friendly way to give back to the community! Remember to donate what you can get rid of, buy what you can and have a joyful time giving back. If you need help finding an agency near you visit your local state website.

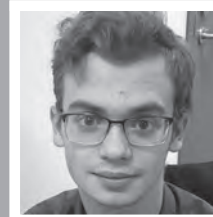


School supplies.

PHOTO BY SHAELEE HAAF

# PEOPLE ON THE STREET

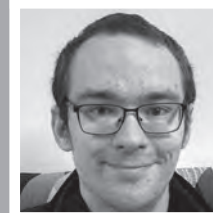
**What has been your favorite class at BGSU?**



**ANTHONY RUVALO**

Freshman | Middle Childhood Education

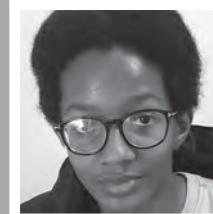
"Math class where we sought to justify solving problems a different way."



**BRIAN SAVAGE**

Senior | Computer Science

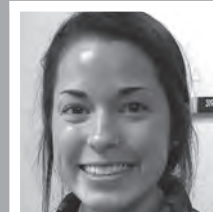
"An astronomy course where we searched for extraterrestrial life to see if aliens exist."



**MATTHEW GOLDMAN BROWN**

Freshman | Environmental Design

"Architecture 1050, which is an intro to design."



**RACHAEL VANCE**

Junior | Psychology

"A human development study class called 'Family Resource Management.' The professor made it fun."

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# Volunteer opportunities in the winter

## How to give back to the homeless community this season

**Kylie Tusing**

Columnist

Did you know that winter is a great time to give back to others? Most of the time, we save all the giving back for the nicer seasons, fundraisers, marathons, sporting leagues, service days and charity events. In the winter, Christmas seems to be the only time that we all focus on helping those in need. However, winter in Ohio can last all the way to March. Winter is also the coldest, and sometimes, most dreadful time of the year. Most of us hibernate during the winter; only go where we need to, stay to ourselves, bundle up inside. Unfortunately, for those in need winter can potentially be the most scary and worrisome time of the year.

Today, I wanted to share with you all the ways that we're able to give back to those in need this winter. There are many groups of people that suffer because of the colder months. For this post, I want to focus on the people without homes and their communities. Here are five unique, and fun, ways to give back this season!

### 1. Winter clothing: coats, hats, gloves, scarves

The easiest (and most helpful) way to give back is by donating old clothing and winter materials that you have. A cold night can turn into a deadly one without the right clothing and shelter. Many people think of donating with the mindset, "Well, I'm going to wear that eventually." Are you? For me, I'm always reaching for the same pair of gloves, hats and scarves. There's no need to have 5+ pairs of gloves. Donating what we're able to can make all the world to someone else.

**Places to drop-off:** a local church, homeless shelter or food bank

I have always donated winter clothes to churches because typically they have a wide variety of people attend and they know the places to give back to the most!

### 2. Homeless shelters: meals

This one can be fun for the entire family, friend group or organization. If you purchase aluminum foil trays and fill them up with different types of hot food, it could help a homeless shelter immensely. Now, you're probably thinking filling up those food trays can get costly. You're totally right; they can be. But some cost effective meals are spaghetti, casserole dishes or mac-and-cheese. Even baking some desserts like baking cookies or

making cake can brighten people's days.

**Places to drop-off:** homeless shelter or food bank.

### 3. DIY blessing bags

I don't think it's right that we have to give any group of people survival kits. Unfortunately, we live in a world that makes it necessary. For these kits I'm going to look through the scope of surviving the weather. A few items in this kit can include: gloves, hand warmers, blanket, ponchos, water, bandages, lotion, socks, tissues, hand sanitizer, chapstick, canned foods, snack packs or reusable utensils. This project is all about how you want to create it. Whether you're putting in all of those suggestions or just choosing between four or five, I would suggest putting in the four or five items because you're able to fit in a Ziploc bag. Again, this could be costly, but there are many ways to make it inexpensive.

#### Option 1

You can do it with family, friends, at work or in an organization. Split up the jobs or raise money to purchase all the items. If you have a group of about three to fifteen people, split up who is responsible for different items. For a group of 15 or more, I would suggest raising money and buying all the items in bulk.

#### Option 2

Doing it yourself! Pick the less expensive items: water, canned food, bandages, hand warmers, snack packs, tissues or chapstick. Most of these items you can buy in bulk while in local stores or online!

#### Option 3

Host a drive or fundraiser. Most people think that hosting drives or fundraisers has to happen in an organization. But that's not true! You can host a drive at the university,

church, local library or around the city in local restaurants and grocery stores.

### 4. Winter supplies: blankets

I think these go unnoticed; however, once received I don't think they could ever be forgotten or go unused. Even though this one might be a little harder! Donating blankets does not have to be expensive this time of the year. Different department stores such as Walmart are selling quality blankets for less than \$5. Or finding cheap quality ones at Goodwill is also a good solution (make sure to wash them first though).

Maybe you had the 2020 goal to pick up a new hobby or advance your crafting skills. Most of the time I learn from my grandma, mom or YouTube. But if you're learning how to sew, take some left over scraps and compose a blanket from them. Tying blankets are another great alternative and most craft stores used their left over scraps to make kits for customers at low costs. There are lots of possibilities in crafting different types of blankets to donate!

### 5. Kindness

I think one of the most damaging problems we have in society is underestimating how far a little kindness can go. When some people see homeless people on the streets they turn up their noses and declare that "If they didn't want to live like that they wouldn't." Well the truth is, who are we to decide that? In the two seconds that we look at them, who are we to determine who they are? We're nothing. As human beings over time we have lost the value that we place in human lives. To be gentle and kind to people is often a gift in itself. Even if it's not returned, just know that it mattered. Some people are so hard in this world and live with so much pain coursing through their system that a moment of kindness could become a beacon of light.

For some giving back to this community can be letting go of many stereotypes. Remember that all of these donations and ways of giving are what you make of it. They don't have to be extravagant but rather simple and filled with generosity. People like being thought about and the simplest of giving can mean the world to someone.

Happy giving!



PHOTO BY KYLE MICHAELIS

**Donations.**

## SUBMIT TO FORUM

### LETTERS TO THE EDITOR:

Letters should be fewer than 300 words and can be in response to current issues on campus or in the Bowling Green area.

### COMICS:

Comics can be three to six panels, and the artist has creative freedom on what the comic is about.

### GUEST COLUMNS:

Guest columns are generally between 400-600 words and can be submitted by Monday before 5 p.m. They can be advice, listicles, or editorials. Sources are not needed, but any outside information used in the article needs to be cited.

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### E-MAIL SUBMISSIONS:

Submissions can be sent as an attachment to mkross@bgsu.edu with the subject line marked "Letter to the Editor", "Comic" or "Guest Column". All submissions are subject to review and editing for length and clarity before printing, and the BG News reserves the right not to publish any submission.

Twitter: @kylietetusing

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## This week's campus events

**Hunter Huffman**

Campus Editor

Need something to do this week? Here's our day-to-day picks for events happening on campus.

### All week

#### 69th Annual Undergraduate Art and Design Exhibition

Dorothy Uber Bryan and Willard Wankelman Gallery, Fine Arts Center, Tuesday-Saturday, 11 a.m. - 4 p.m., Thursday 6-9 p.m., Sunday 1-4 p.m.

This yearly gallery showcases various art mediums crafted by undergrads. Admission is free and open to the public.

### Wednesday

#### Faculty Artist Series: Nermis Mises, Oboe

Bryan Recital Hall, Moore Musical Arts Center, 8-9 p.m.

Mises, an assistant professor of oboe at BGSU, will perform a recital of classical selections as part of the College of Musical

Arts' weekly musical series. The show is free and open to the public.

### Thursday

#### Transnational Forum on Climate Refugees from the Arctic to the Amazon

Room 315, BTSU, 6-7:15 p.m.

Join the departments of International Studies and Political Science for a discussion on the impact of international disasters on climate refugees. Open to all students and faculty.

### Friday

#### Movie and Craft Night

Multipurpose Room, BTSU, 7-11 p.m.

Paint a hexagonal canvas while watching 2019's "What Men Want," starring Tracy Morgan and Taraji P. Henson as part of UAO's Falcons After Dark.

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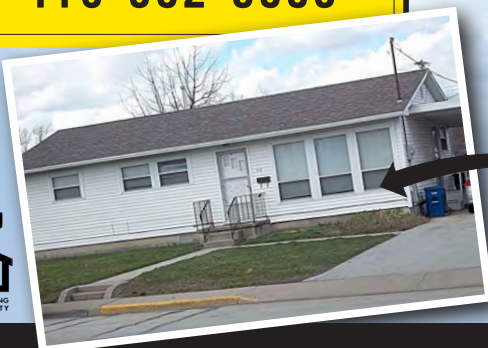
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on your spiritual journey.”*





# Best No. 1 fast-food combos in Bowling Green

**Aubreyonna Van Hoose**

Pulse Reporter

Bowling Green is home to several fast-food chains and these are the top five restaurants that have the best bang-for-your-buck, No. 1 combos. Especially as college students, money is a valuable thing, so it's critical to know where you can get the best tasting burger at a reasonable cost.



GRAPHIC BY ANDREA KREMER

## 1. Rally's

**No. 1 Combo: Big Buford**  
**Cost: \$7.59**

**Description:** Two beef burger patties covered in mayonnaise, mustard and ketchup and topped with a slice of tomato, red onion, American cheese, pickles and iceberg lettuce. The combo includes crispy, seasoned fries and a drink.

**Taste:** The burger was filled with several condiments and vegetables that worked very well together. As the burger is stuffed with several elements, it is messy compared to others. However, it was the best burger by far on the list. Also, the fries were a crispy treat in addition to the seasoned burger. Altogether, this combo was the best tasting as the burger was extremely favorable and the fries were a complimentary item that contrasted the smooth texture.



PHOTO BY AUBREYONNA VAN HOOSE

## 2. Burger King

**No. 1 Combo: Whopper**  
**Cost: \$7.23**

**Description:** Beef patty, sliced tomatoes, lettuce, mayonnaise, ketchup, pickles, sliced white onions and a sesame seed bun. The combo includes fries and a drink.

**Taste:** This burger tastes almost identical and looks almost the same to a Wendy's burger. However, Burger King has a little something extra that makes it more delicious than the Wendy's combo: the sesame seed bun. As the burger itself holds its taste mostly in the condiments, it's still not as flavorful as it could be, but the sesame bun adds a certain flavor and texture to the burger that makes it worth the price. The fries, on the other hand, are bland. Wendy's made up for the lack of taste through their fries, but for Burger King it almost dilutes the taste of the burger. Getting the Whopper is the best idea without the fries, so just stick to the sandwich.



PHOTO BY AUBREYONNA VAN HOOSE

## 3. McDonald's

**No. 1 Combo: Big Mac**  
**Cost: \$7.08**

**Description:** The burger contains a beef patty, shredded lettuce, big mac sauce, American cheese, pickle and onion. The combo comes with a drink and fries that are pinched with salt.

**Taste:** The Big Mac is a highly-publicized burger at McDonald's for its special Big Mac sauce. As the Big Mac has ingredients thrown onto it with a generous amount of lettuce, it is a messy burger. Most of the burger slides off, and makes it something that should be eaten at a table. Either way, the Big Mac sauce almost overshadows the entire patty. The burger would be more reasonable to eat if they stuck to a patty, cheese, some lettuce, and the special sauce. In a way, this burger has too many textures and tastes that weren't blending together. The taste is unique with the big mac sauce, which is tasty in itself

without the extra ingredients and should be a standalone condiment for the burger. The fries were well-salted and seasoned. They almost outshined the burger because of their simplicity, unlike the Big Mac as it felt the need to overcompensate. Overall, it was not the greatest tasting combo, but it holds specialty tastes in certain condiments while others did not. McDonald's may not deliver on the taste, but the price makes it successful for a Big Mac.



PHOTO BY AUBREYONNA VAN HOOSE

## 4. Wendy's

**No. 1 Combo: Dave's Single**  
**Cost: \$7.58**

**Description:** A single beef patty, American cheese, lettuce, tomato, pickle, ketchup, mayonnaise and onion. The meal comes with a side of sea salt fries and a drink.

**Taste:** The burger tasted like a genuinely grilled burger from the backyard. In fact, Wendy's does not cut up the lettuce or onion as small as other fast-food restaurants, making it feel more like a burger from a summer grill. The taste was decent overall, but it was missing a key factor that drives it as a stellar sandwich. It was almost too bland in the formality and setup, but the burger itself was decent. The fries are salted with Wendy's special sea salt. The two together make it a delicious combination as the fries add in the sweet and salty flavor the burger lacks. Wendy's holds a decent taste, but was missing the flavor factor. That along with the cost makes it an unfavorable choice.

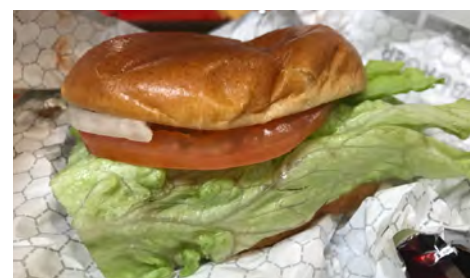


PHOTO BY AUBREYONNA VAN HOOSE

## 5. Arby's

**No. 1 Combo: Smoked Brisket**  
**Cost: \$8.99**

**Description:** A multi-layered sandwich with barbecue sauce, mayonnaise, smoked brisket beef, smoked gouda cheese and crispy onions. The meal comes with a side of curly fries and a drink.

**Taste:** The smoked brisket sandwich definitely packs many elements in one fat sized burger. The smoked brisket beef and gouda cheese are complementary to one another and the onions add a crispy crunch to the mix. Furthermore, the mayo and barbecue are both different tastes for condiments, but they work together in the sandwich to smooth out the taste and focus more on the texture. As the sandwich holds several ingredients together, it seems almost overwhelming and makes the taste seem less powerful than advertised. As for the curly fries, they are displayed as a key factor that makes Arby's stand out compared to other fast food restaurants. The fries are definitely crispy, but hold no initial seasoning to make it stand out. Yet, they are delightful in just the crunch of each fry that one may not find at any other fast food restaurant. Overall, Arby's uses unique tastes and textures to pack their sandwiches together. However, for a simple roast beef sandwich, \$9 can add up for any college student. The combo is more tempting as the burger has several layers, along with the curly fries and a drink, but there are still places around that could provide a less expensive meal.



PHOTO BY AUBREYONNA VAN HOOSE

Overall, balancing flavor, texture and price is ultimately a decision for everyone to decide whether a fast-food restaurant's No. 1 combo is worth it or not. As price may be an important factor, McDonald's is your best bet, but if taste is critical, Rally's is the go-to.

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# 5 songs to get you through the week

RC

Pulse Reporter

## Fifth Harmony 'Miss Movin' On'

Kicking things off with the most recent of the girl groups on this list, Fifth Harmony first broke out on the scene with this 2013 banger about life post-breakup. With an infectious hook and great vocals from each of the five members, it's easy to see why they would become such a prominent force in pop culture before breaking up in 2017.

## The Supremes 'You Can't Hurry Love'

Continuing on with the oldest of the girl groups here, The Supremes were one of the biggest success stories to ever come out of Motown. Songs like "You Can't Hurry Love" show exactly why, with some of the catchiest music of the '60s. There is a reason The Supremes are held in such high regard with talents like Marvin Gaye and Stevie Wonder also around on the label, and songs like this are why. If you happen to only know this one through the terrible Phil Collins cover from the '80s, go out of your way to give the actually good version a try.



GRAPHIC BY BRIONNA SCEBBI

## TLC 'Ain't 2 Proud 2 Beg'

There was never, and more than likely will never be, another girl group similar to TLC. Chili, T Boz and Left Eye were a unique three-person combination that felt like a perfect storm every time you heard a record of theirs. While they would get better, most notably on the 1995 album "Crazysexycool," "Ain't 2 Proud 2 Beg" off of 1992's "Ooooooohhh... On The TLC Tip" is the group at their most fun. Rest in peace, Left Eye.

## Destiny's Child 'Bootylicious'

This right here is just funky. Much more than the group where Beyoncé got her start, Destiny's Child was a force to be reckoned with all on their own back in the day. Originally a quartet, the most famous lineup of Michelle Williams, Kelly Rowland and, yes, Queen Bey made some of the most beloved bops of the late '90s and early 2000s. While not necessarily their most popular song, "Bootylicious" off of 2001's "Survivor" showed

the chemistry and fun energy that made the group such a joy to listen to. Utilizing a sample of Stevie Nicks classic "Edge of Seventeen" to perfection, Destiny's Child used another female anthem to make an entirely new one. Salute.

## Spice Girls 'Wannabe'

"Wannabe" is arguably the most famous song to ever be released by a girl group. As the best-selling single by '90s phenoms the Spice Girls, this song was everywhere at the time and has stood the test of time 24 years later. Zig-a-zig-ah not required, but highly recommended.



GRAPHIC BY ANDREA KREMER

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# Misheard lyrics from popular songs

MK Donisi

Pulse Reporter

We've all misheard lyrics at some point. Sometimes, singers sound so far off from their lyric sheet you can't help but wonder if they spoke a different language by mistake. Here's a list of some of the most popular lyrics that are easy to misunderstand.

## 'Smells Like Teen Spirit' Nirvana (1991)



PHOTO VIA CONSEQUENCE OF SOUND

Nirvana's "Smells Like Teen Spirit" is infamous for having misheard lyrics. Musician "Weird Al" Yankovic even parodied the song. According to an interview with Spin, Yankovic called lead singer Kurt Cobain to ask for his permission, saying "I'm parodying your song because nobody understands your lyrics." Personally, I know the Weird Al lyrics better than the original song's lyrics.

The misheard lyrics for "Smells Like Teen Spirit" are, "A little boy is self-assured, ya know, ya know, just a dirty word," and "A Milano, Anna'll bite you, I'm a skater, a burrito / When the light's out, it's a stained dress / A fallen heart, it's hard to find, the will, whatever, nevermind / Hello, hello, hello, heart-broke."

Here are the real lyrics to the song: "She's over-bored and self-assured, oh no, I know a dirty word," and "A mulatto, an albino, a mosquito, my libido / Yeah! Hey! With the lights out, it's less dangerous! / Oh yeah, I guess it makes me smile, I found it hard, it's hard to find / Oh well, whatever, never mind / Hello, hello, hello, how low."

## 'I Write Sins, Not Tragedies' Panic! At the Disco (2005)

Not all songs lose entire verses to misunderstandings. For several years, I believed "It's much better to face these kinds of things with a sense of poison rationality" were the lyrics to this Panic! At the Disco song. It wasn't until a few weeks ago that my fiancé showed me the lyric book that I learned the real lyrics: "It's much better to face these kinds of things with a sense of poise and rationality."

## 'Holiday' Green Day (2004)

To wrap it up with the song lyrics, Green Day's "American Idiot" album had some good singles on it, including the anti-war song "Holiday". I was in love with the song from the beginning, so I learned the lyrics while I listened. However, I discovered that not everyone knew the lyrics.

The misheard lyrics to "Holiday" are "Every

sound of the bowling lane. Coming down like an armored can of flame / I bet to tree man dipper. From the hollowed ice / This is the darling of the rest of our lives on all the day!" The real lyrics are "Hear the sound of the falling rain / Coming down like an Armageddon flame (hey!) / I beg to dream and differ from the hollow lies. This is the dawning of the rest of our lives on holiday"

The list of misheard song lyrics can go on and on. Though it can be annoying to find out that you were wrong on a song, misheard lyrics can be hilarious to hear and read.



GRAPHIC BY ANDREA KREMER



# Hockey to change conference in 2021

## Central Collegiate Hockey Association resurrected

**Maxwell Marko**

Falcon Media Sports Director

The Central Collegiate Hockey Association will be returning to college hockey. The seven WCHA schools that announced their intent to leave their conference in the summer will be forming a new conference under the CCHA name.

Bemidji State University, BGSU, Ferris State University, Lake Superior State University, Michigan Tech University, Minnesota State University and Northern Michigan University all released statements Tuesday, regarding their intention to start the updated version of the CCHA. The conference shift, spearheaded by former St. Cloud State athletic director and consultant, Dr. Morris Kurtz, is on track to start play for the 2021-2022 season.

"After extensive discussion and significant due diligence, it made sense to everyone involved to move in this direction. The name



PHOTO BY SARAH NORTH

**The WCHA banner** hangs in the Slater Family Ice Arena.

conveys the current geographic alignment of our members and the CCHA brand has a tremendous amount of equity and goodwill associated with it. What's old is new again," Kurtz said in a statement.

The three remaining WCHA schools — Alabama-Huntsville, Alaska Anchorage and Alaska Fairbanks — have yet to announce their plans following the realignment. In June, when the newly dubbed CCHA teams said they would be leaving the WCHA, the main point of concern was a "more compact geological footprint."

Now with an odd number of members, there is a possibility the CCHA could be adding an eighth team in order to even out the standings and schedules of each squad. This would most likely happen after the conference has an official commissioner

"I am confident that the Central Collegiate Hockey Association commissionership

presents an incredible opportunity. We will find the right person and have them ready to start leading this group by July 1," Kurtz said.

No other information was given regarding the addition of teams to the conference, but following along the 2021 timeline would put the league in a position to possibly team up with the University of St. Thomas.

St. Thomas, of St. Paul, Minnesota, was voted out of their Division III conference this past October and announced their intent to jump to Division I hockey. The Tommies are scheduled to play in Division III until 2021, when they will jump to Division I.

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# Hockey's last chance to fight for home ice

**Maxwell Marko**

Falcon Media Sports Director

Backs are against the wall now for the Falcons. If BGSU hockey wants another home game this year, they will need to sweep Ferris State at Slater Family Ice Arena this weekend.

After failing to gain ground in the standings while in Alaska, the Falcons no longer control their own destiny for home-ice advantage. They shared two ties with the Nanooks, and each team left the series with three points.

It may have been a tie on the scoresheet, but it certainly had the same feeling as defeat. Both nights featured BGSU giving up multi-goal leads in the third period and a key six points in the WCHA standings. As each game went on the Falcons gave a little more than they took and eventually a shorthanded play would cost them momentum.

"We played over 18 minutes shorthanded (on Friday) and you cannot do that against anybody," head coach Ty Eigner said. "(On Saturday) the interference penalty we had in the second period, it was a tough call. It wasn't a bad penalty or undisciplined at all. Then

on the power play goal they scored, we talked about when they do 'x' we need to do this. And we didn't do it."

This would be the sixth time Bowling Green has given up a lead in the third period this season. In cases before, it was not a penalty at an inopportune time that would push the opposition to last effort comeback. It's been different each time.

"I think there's been a lot of different scenarios that have contributed to us not being able to close games out," Eigner said. "I believe it's a confidence thing 100%."

This is a bad time for confidence to disappear from the Falcons. Every passing week, each series will become the most important series of the year.

"We are not guaranteed another home series, so this is our last opportunity to play at home... If we want the opportunity to potentially play at home in the first round, we have to win two this weekend," he said.

Soon they will no longer be playing for home-ice advantage, but for their season to continue.

The mentality that has stayed with the program is to not worry about the weeks to



PHOTO BY NICK BIERE

**Brandon Kruse** keeps the puck away from Alaska Fairbanks captain Nikolas Koberstein.

come, and focus on what is in front of them. From the outside looking in, the pressure may be on, but inside the locker room, the hope is that there is anything but.

"I hope there's not pressure. There shouldn't be pressure. This is an opportunity. We control, to a certain extent, where we finish," he said.

That extent Eigner is referring to is the tiebreaker between Alaska Fairbanks and

Bowling Green. If both teams win the rest of their games, they'll be tied with 49 points. The WCHA ruling is if two teams are tied, and have not played each other four or more times, the team with the higher winning percentage will receive the higher seed.

On the plus side, the Falcons will see a full, healthy roster for the first time in February. Max Johnson returned to practice in a non-contact jersey but told coaches he is ready to go.

"It makes us a deeper group up front and allows us to move some pieces around," Eigner said. "Hopefully we can get to a lineup that is consistent and is set so guys can know who they're playing with."



# Baseball gears up for 2020 season

## Team with young core looking to make big impact

**Shayne Nissen**

Sports Columnist

After another rough season in 2019, BGSU baseball is hoping that its new wave of freshmen can carry them through the 2020 campaign.

The team is coming off a season where they went 16-33, improving by five wins over their 2018 campaign where they went 11-39. They also improved inside the conference, going 8-18 compared to 2018 when they went 6-19.

The first goal for the team is going to be to improve upon what they did last year. To do that, their talented freshman class is going to have to grow quickly with a trip to Wilmington, North Carolina in the second series of the year. The Falcons will play UNC Wilmington, Marshall and Butler during the trip to North Carolina, all of which finished above .500 overall last season.

Once that trip ends, the Falcons have a manageable schedule before their home opener against Central Michigan on March 17. They will have a series against Murray State, Saint Louis and North Alabama, all teams that finished below the .500 mark last season.

Even with the weaker schedule, the Falcons could still have their troubles due to the youth

dominance on their roster. That showed in their season opener this past weekend where the Falcons were swept in three games by Lipscomb, giving up a total of 25 runs on the trip and scoring 14.

Right now, the Falcons have a combined 26 players that are either freshman or sophomores and just eight that are either juniors or seniors. In fact, there are 14 freshmen on the roster compared to just two seniors.

The two seniors are starting center fielder Jake Wilson and relief pitcher Damon Egnor. Wilson will be leading the charge for this Bowling Green lineup as he batted third in their season opener against Lipscomb on Friday. He was 2-for-13 at the plate over the weekend series. Last year, Wilson led the team in hits and extra-base hits, as well as stealing 12 bases. If the Falcons want any chance at being successful this season, they are going to need more production from him at the top of the lineup.

Dylan Dohanos is also going to be a key returner to the lineup this season as well. The Bowling Green native was fifth on the team as a sophomore last year with a batting average of .290 and fourth in total hits with 45.

That being said, the Falcons had plenty of



PHOTO BY IAN CAMPBELL

**Tyler Anderson** throws an offspeed pitch.

youth that showed plenty of promise over the weekend. Freshman Kyle Gurney who caught and was the designated hitter for the Falcons, went 4-for-11 with two RBIs while drawing three walks in his debut series. Adam Fallon, who is also a freshman, went 2-for-5 in limited at-bats and made a fantastic catch in left field that saw him crash into the outfield wall.

In total eight freshmen saw the field for the Falcons in the series, including Owen Recker who started the Sunday contest. In five innings of work, he gave up two earned runs on four hits while striking out five.

Leading the charge on the mound will be juniors David Stopp and Andrew Abrahamowicz. They both led the Falcons in ERA last season with Stopp at 2.50 and Abrahamowicz at 3.11. Stopp was primarily a bullpen arm pitching in 16 games last season and starting only four. Abrahamowicz however, will be the ace of the Falcon's starting rotation as he led the Falcons in innings pitched. The Falcons will need these two along with the likes of Jeremy Spezia and others to anchor a squad of pitchers that returned a lot of talent from last season.

Abrahamowicz got the call as the starter in the Falcons' season opener on Friday where he showed some offseason rust, giving up four earned runs in just three innings pitched.

Overall, the Falcons' season will depend on how fast this roster can grow into consistent

bats in the lineup, and trustworthy arms in the rotation. The faster that this process happens, the better the chance the Falcons have at continuing to improve on their previous seasons as well as qualifying for the MAC Tournament at the end of the year.

If the youngsters don't grow up, then we could be looking at a lot of similar results to what we saw this past weekend.

### Here is the Falcons upcoming away schedule:

**February 21** | at UNC Wilmington

**February 22** | Marshall

**February 23** | Butler

**February 28** | at Murray State

**February 29** | at Murray State

**March 1** | at Murray State

**March 6** | at Saint Louis

**March 7** | at Saint Louis

**March 8** | at Saint Louis

**March 10** | at Youngstown State

**March 13** | at North Alabama

**March 14** | at North Alabama

**March 15** | at North Alabama



PHOTO BY IAN CAMPBELL

**Outfielder Jake Wilson** turns on a pitch against Youngstown State.

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## Students fill the Counseling Center continued from page 2

While she said the experience has been helpful so far, it wasn't ideal for her.

"I could put more people (staff) on walk-in every day, but then all of those folks (patients) would have less opportunities for follow-up appointments for the treatments that they came in for," he said. "It's a balancing act. We have steadily tried to find ways to increase the amount of overall staff time walk-in without jeopardizing treatment."

Gilmer said there was a vacant full-time position available once a staff member retired. Instead of the vacant position, they split it into two part-time positions to "add more of a schedule for walk-in and more choice." As a part-time position seems to be an effective way of seeking student patients, there still is not enough counselors to seek a high amount of individuals.

Gilmer said there was a vacant full-time position available once a staff member retired. Instead of the vacant position, they split it into two part-time positions to "add more of a

schedule for walk-in and more choice." As a part-time position seems to be an effective way of seeking student patients, there still is not enough counselors to seek a high amount of individuals.

Gilmer explained the effectiveness of the system with the low counseling staff available. "It's not ideal. We recognize we're trying to balance these things. We recognize that it's not as convenient as we would like it to be for students. Short of having more counselors though, I don't know what we can do to completely remedy that. I can tell you that, compared to the community we have a much more rapid access system than anywhere else. If you try to make an appointment in the community, you're going to be waiting two or three weeks for your first appointment," he said. According to the Counseling Center website, under the faculty and staff section there are about six counselors listed on their website.

"We've had some growth in our staff size since 2008, but one of those positions we got was



PHOTO BY BRIONNA SCEBBI

**The group therapy room** in the Counseling Center.

because the alcohol and drug program used to be in the student health center and they moved it here. So we got that position, but we also got this whole other program," Gilmer said.

The Counseling Center may not have the appropriate number of staff for the number of students, but Gilmer continues to analyze past

and present forms of procedure, in hopes to find a way to better accommodate students' needs. "They could probably give me 10 people and I could keep them busy, but that's not the only solution. We also need to revolve on how we are doing some things," he said.

### THE BG NEWS SUDOKU

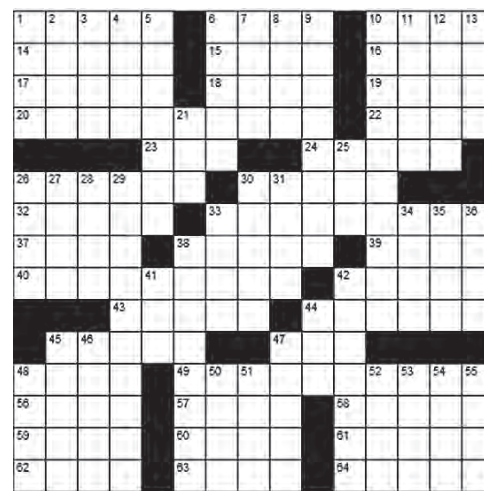
6	4							8
7					5			1
5		9			2			3
4		7		5	1			
3					8			
8	1	2	3	7				4
		8						
			4	2	5			
9			1	8		6	3	2

#### SUDOKU

To play: Complete the grid so that every row, column and every 3 x 3 box contains the digits 1 to 9. There is no guessing or math involved. Just use logic to solve

7	8	9	4	8	1	7	5	6
6	4	8	5	2	9	8	1	3
5	1	7	9	6	3	2	4	8
4	2	9	7	5	1	8	3	6
3	8	1	2	3	7	4	6	5
8	3	2	4	1	5	6	7	9
		8						
			4	2	5			
9			1	8		6	3	2

## The Daily Crossword Fix



### ACROSS

1. Subsided
6. Wings
10. Cain's brother
14. Split
15. Mend
16. Ancient marketplaces
17. Infant's illness
18. Untruths
19. Stepped
20. Interdependence of living organisms
22. Concludes
23. Make a copy of a recording
24. Yes
26. Tumult
30. A French dance
32. Coming up
33. A complaint
37. Fly high
38. Small units of measure
39. Oceans
40. Uncontrollable laughter or crying
42. Celebrities
43. Overact
44. Treeless plain
45. Tag
47. Caviar
48. Shower with love
49. Restriction
56. Unit of land
57. Biblical garden
58. Very slow in tempo
59. Speaker's platform
60. Need a bath badly
61. Attempted
62. Thin strip
63. Wild Tibetan oxen
64. Flexible tubes

1. Behold, in old Rome
2. Coalition
3. Western tie
4. Wicked
5. Deciphered
6. Improvise
7. Nonclerical
8. District
9. Subjugates
10. A delayed flavor sensation
11. Carried
12. Wear away
13. Boys
21. Some people chew this
25. Governor (abbrev.)
26. Sitcom set in Korea
27. Greeting at sea
28. Not nays
29. Large African antelope
30. Goodwill
31. Ambitions
33. Fortitude
34. Half-moon tide
35. Grumble
36. Anagram of "Sees"
38. Clowning
41. An uncle
42. Avoiding detection
44. Drunkard
45. Neighborhood
46. Courtyards
47. Skating areas
48. Fathers
50. Bright thought
51. Docile
52. Tropical tuber
53. Colored part of an eye
54. Curved molding
55. Gestures of assent

### ANSWERS



数独

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